

B. R. Harne Ayurved College, Vangani				
Third Year BAMS 2021-22				
Kaychikitsa -Monthly ATP				
Month	Paper	A2 List of Topics	B2 Term	Teacher
April 2025	1	Kaya, Chikitsa and Kayachikitsa - Nirukti, Paribhasha, Paryaya and Bheda Explanation of Kaya, Chikitsa and Kayachikitsa according to different Classical texts	1	Dr. Pushpa S.
		Clinical ethics in the practice of Kayachikitsa Doctor patient relationship Good ♦ communication skills Ethical and legal issues in the practice of Kayachikitsa(Ayurveda Medicine)	1	Dr. Girish K.
	2	Chikitsa of Vatavyadhi Vatavyadhi samanya chikitsa Snayugatavata Akshepaka chikitsa (SK 30) Pakshaghata chikitsa(SK22) (Cerebrovascular accident) Ekangavata(SK22), Sarvangavata(SK22) Kampavata(SK52) (Parkinson's Disease)	1	Dr. Takshashila S.
	3	Chikitsa of Annavaaha srotodushti vikara Agnimandya, Aruchi/ Arochaka Ajeerna/ Alasaka/ Vishuchika, Vilambika(SM 3A 3B) Aanaha/ Aatopa/ Aadhmana(SM31) Amlapitta(SM-39), Bhasmaka	1	Dr. Abhishek K.
		Parinama shoola, Annadrava shoola- (SM 3A,3B,3C,3D,3E), Shoola (SM33) Chhardi(SM-3L) Gulma(SM 3K) Grahani(SM -36) Annadravashoola-Parinamashoola(Acid peptic disease) Amlapitta(Gastro esophageal reflux disease) Grahani(Irritable bowel syndrome) Udarastha karkatarbuda-Malignancies of abdomen (Ca Pancreas, Ca Duodenum/Stomach)		

May-25	1	Samprapti vighatana, Chikitsa sutra, Chikitsa, Aushadha yoga and Pathyaapathya of Jvara (SP51/TM2) Nava jvara chikitsa Jeerna jvara chikitsa Nija jvara and Sannipataja jvara chikitsa Agantuja jvara chikitsa Dhatugata jvara chikitsa Vishama jvara chikitsa Punaravartaka jvara chikitsa	1	Dr. Abhishek K.
Jun-25	1	Samprapti vighatana, Chikitsa sutra, Chikitsa, Aushadha yoga and Pathyaapathya of Jvara (SP51/TM2) Nava jvara chikitsa Jeerna jvara chikitsa Nija jvara and Sannipataja jvara chikitsa Agantuja jvara chikitsa Dhatugata jvara chikitsa Vishama jvara chikitsa Punaravartaka jvara chikitsa	1	Dr. Abhishek K
	2	Ardita(SK20) (Bell's palsy) Manyastambha(SP44) Jihwastambha(SK22) Avabahuka(SP15), Vishwachi(SK51) Gridhrasi(SP20) (Sciatica) Khanja(SK2Y), Pangu(SK21), Kalayakhanja Padadaha(SK51), Padaharsha(SK54) Parisareeya Nadishotha(Peripheral Neuropathy) Urustambha(SP46) Udarvarta(SM35) Tantrikaanughata(Guillan Barre syndrome), Tanttrighata(Motor Neuron Disease), ♦Anuprasthiya-sitamajjachadda shotha(Transverse Myelitis), Peshi dourbalya(Myasthenia Gravis)	1	Dr. Takshashila S.
	1	Anuktaroga treatment principles based on Doshadushyadi vivechana Chikitsa yojana of Anukta roga Anukta roga ♦ upadrava chikitsa	1	Dr. Abhishek K.

Jul-25	2	Chikitsa of Asthi-Majja pradoshaja vikara (SR54) (SR55) Asthisousharya (Osteoporosis), Asthikshaya ♦ (Osteopenia) (SP00) Sandhigata vata (SP12) (Osteoarthritis), Vatakantaka(SP4Y)(Calcaneal Spur), Kateegraha(SP42)(Lumbar spondylosis), Greeva graha(SP45) Kroshtuka sheersha Raktaheenatajanya dhatunasha(AvascularNecrosis) Katishoola(Lumbago), Kasheruka vyadhi(Spondylopathies), ♦ Asthisankatarbuda(Osteosarcoma)	2	Dr. Girish
Aug-25	1	Chikitsa of Sankramika jvara ♦ Vishama jvara(Malaria) Antrika ♦ jvara(Typhoid) Dandaka jvara(Dengue) ♦ Sandhiga sannipata jvara(Chikungunya) Mastishkavarana shotha jvara(Meningitis) Mastishka shotha(Encephalitis) Shwasanaka jvara(Pneumonia)	1	Dr. Girish K.
Sep-25	1	Chikitsa of Rasa pradoshaja vikara Pandu,roga (SL80) Hematopoietic diseases - Raktalpata(Anaemia), Kuposhanajanya raktalpata(Nutritional Anaemia) Anuvanshika raktavikara- (Thalassemia, hemoglobinopathies, Sick cell Anaemia), Raktakarka (Leukaemia), Haemolytic anaemia, Thrombocytopenia Hridroga ,Hridshoola (SL61, SL6Z) Uchcha raktachaapa (Hypertension), Hrudgata dhamanisanga vikara (Coronary artery disease-Ischemic heart disease and Myocardial Infarction), Hrudgata rakta -Sankulanjanya karya- akshamata(congestive cardiac failure). Hrudgati vaishamya(Conduction defects of heart) Aamavata (SP11) (Rheumatoid Arthritis) ♦ ♦ Madatyaya (SQ20)	2	Dr. Pushpa S.

	2	Chikitsa of Pranavaha Srotodushti Vikara (TM2:SL40-SL4Z) Shwasa (SL42), Hikka(SM74) Kasa(SL41), Urahkshat Rajayakshma Tamaka Shwasa(Bronchial Asthma) (SL40) Jirna Shwasakrichchhanika (Chronic Obstructive Pulmonary Disease) Antaraalayi Phuphphusa Vikara (Interstitial Lung Disease) Vispharah (Bronchiectasis) Phuphphusasruti(Pleural effusion) Phuphphusa arbuda (Lung Cancer)	2	Dr. Abhishek K.
Oct-25	1	Chikitsa of Rakta pradoshaja vikara Kaamala (SM41, SM42, SM43) Jaundice Yakrut shotha(Hepatitis), , Yakrutdalyodara(Liver cirrhosis), Madyaatirek janya yakrut vikara(Alcoholic liver disease) and Madya-etar karana janya yakrut vikara(Non- Alcoholic Fatty Liver Disease -NAFLD), madya-etar vasamaya-janya yakrut shotha(Non-Alcoholic Steato-hepatitis -NASH), yakrut koshakiya arbuda ♦ (Hepatocellular Carcinoma) Raktapitta (SL81) Raktaskandana sambandhi vikara (Coagulation disorders) Vanshanugata adhiraktasrava pravrutti (Hereditary - Haemophilia), Acquired-Immune thrombocytopenia -ITP Vatarakta ♦ (SP14) Gout Parisariya sira dhamaniya vikara (Peripheral vascular diseases) Mada, Murchha, Sanyasa (SQ22, SP98) Visarpa (SN4T)Erysipelas, Shingles,	2	Dr. Girish K.
Nov-25	1	Kushtha and Kilasa/Shwitra (SN40, SN43, SN46, SN48, SN49, SN4A, SN4B SN4D, SN4P, SN4U) Anurjatajanya tvak vikara(Allergic skin disorders - Atopic dermatitis/Eczema, Urticaria), shalkayukta tvak vikara (Squamous lesions) - Psoriasis, Shewalikabha tvak vikara (Lichen planus), Visphota (Bullous lesion), Udasphotanvika tvak vikara (Pemphigus and Pemphigoid lesions) Sheetapitta, Udarda, Kota and Utkota (SN4K, SN4L) ♦ Daha	2	Dr. Pushpa S.

	3	Chikitsa of Manovaha srotas dushti vikara Manasika vikara like Kaama, krodha, Lobha, Mada, Maatsarya, Shoka, Bhaya, Dainya, Harsha Unmada roga (SQ03) Apasmara roga(SK30) Atattvabhinivesha(SQ04) Chittodvega & Vishada Chinta(General Anxiety Disorder) Nidra vikara(Sleep Disorder) Bhaavodvega(Somatoform and mood disorder)	2	Dr. Abhishek K.
Dec-25	1	Chikitsa of Kshudra roga ◆ Identification and chikitsa of - Yavaprakhya(SN5Y), Andhalaji(SN5Y), Vivritta(SN5Y), Kacchapika,(SN9Y) Indravridha, Gardabhi, Jalagardabha(SM0Y), Irivellika(SN5Y), Gandhanama(SN5Y), Kaksha(SN4T), Visphotaka(SN4P), Agnirohini, Vidarika(SP9Y), Sharkararbuda(SP71), Pama(SN46), Vicharchika(SN43), Rakasa(SN40), Padadari, Alasa(SN48), Masurika, Tilkalaka(SN4E), Masaka(SN4H), Nyaccha(SN5Y), Vyanga(SN4G), Nilika(SN41) ◆ Identification and chikitsa of - Ajagallika(SN5Y), Valmika(SN5Y), Panasika, Pashanagardabha(SM1D), Chippha, Kunakha(SN6Y), Anushayi(SP9Y), Kadara(SN9Y), Indralupta(SN90), Darunaka(SN91), Arumshika(SN70), Palitya, Yuvanpidika(SN4V), Padminikantaka(SN5Y), Jatumani(SN4F), Charmakeela, Parivaritika(SN0A), Avapatika, Niruddhaprakasha(SN0A), Sannirudhaguda(SM5Y), Ahiputana(SN5Y), Vrishanakacchu(SN40), Gudabhramsha(SM55)	3	Dr. Takshashila S.

	3	Pratyabalajanya vikara(Stress induced disorder) Kaamonmada(Psychosexual disorders) Atattvabhinivesha(Obsessive compulsive disorder,Nurotic disorder) Vyaktatva evum swabhav viparyaya(Personality and behavioral disorder) Manoavasada(Depression) Medhya rasayana in Manoroga Identification of Bhutonmada and its basic management	2	Dr. Abhishek K.
Jan-26	2	Chikitsa of Udakavaha srotodushti vikara Trishna Shotha(SP91) Udara-Jalodara (Ascites) (SM32) Jaliyovidyutansha vaishamya(Fluid & Electrolyte Imbalance)	3	Dr.Pushpa S.
	3	Chikitsa of of Antahsravi Granthi vyadhi Avatuka Granthi(Thyroid) Disorders: Manda vatuka(Hypothyroidism) & Tivra vatuka(Hyperthyroidism)(SP9Y) Pravaravatuka Granthi Vyadhis (Parathyroid) Disorders:Hypoparathyroidism & Hyperparathyroidism Piyusha Granthi vikara(Pituitary Disorders): Hypopituitarism-vamanata(Dwarfism)(SP9Y) Atihrisvata & Hyperpituitarism-Dirghakayata(Gigantism) (Atidirgha) and Vikayata(Acromegaly) Udakameha(Diabetes Insipidus) Adhivrikka granthi vikara(Adrenal gland Disorders): Hyperaldosteronism- Tivra upavrikkasrava(Addison's disease) & Hypoaldosteronism-Upavrikkasrava mandya(Cushing's Syndrome)	2	Dr. Girish K.
	1	Chikitsa of Mamsapradoshaja and ♦ Medopradoshaja vikara Galaganda (SL0Y) Gandamala (SL08) Arbuda (SP72) Shosha (SP2Y) Karshya (SP61) Sthaulya (SP64) Prameha (SM8D) Madhumeha(Diabetes mellitus) (SP60) Medapachaya(Dyslipidaemia) (SP62) Sthoulya(obesity) Arbuda(Neoplasm)	3	Dr. Abhishek K.

Feb-26	2	Chikitsa of Vyadhikshamatva vikara Vyadhikshamatva heenata vikara (Immunodeficiency diseases -Primary and secondary immune deficiency disorders) Atmapratirodha-Kshamatva Vikara (Auto immune disorders) Pratirakshaja(Systemic Lupus Erythematosus-SLE) Vamshakasheru ruk(Ankylosing Spondylitis-AS) Drutotak(Multiple Sclerosis-MS) Aamavata(Rheumatoid Arthritis) Atisamvedanasheelata-janya vyadhi (Hypersensitivity Reactions)	2	Dr. Takshashila S.
Mar-26	2	Chikitsa of Mootravaha srotodushti vikara Mootrakrichchha (SM82) Mootraghata ♦ (SM81) Ashmari (SM8C) Mootranalika shotha(UTI), Vrikka koshika ♦ shotha(Nephritis),(SM84) vrikka nishkriyata(Renal failure) ♦ Mootraashmari(Urolithiasis) Pourusha granthi vridhhi(Benign prostatic hyperplasia) ♦ Apavrukkatva(Nephrotic Syndrome)	3	Dr. Abhishek K
	3	Chikitsa of Shukravaha srotasa vikara Klaibya (SN02) Shukralpata (SN03) Shukradosha Kshinashukra Dhvajabhang Kapourushya(Male hypogonadism) Napunsakatva(Impotence) Vandhyatva(Infertility)	3	Dr. Girish K.
Apr-26	2	Chikitsa of Purishavaha srotodushti vikara (SR5A) Atisara(SM37) Pravahika(Dysentery)(SM38) Arsha (SM53) ♦ Raktatisara(Ulcerative colitis)(SM37) Krimi ♦ Bruhadantra arbuda (Colorectal cancer)	3	Drt. Takshashila S.
	3	Chikitsa of Guhya roga Phiranga(SN31) Upadamsha(SN30) ♦ Phiranga(Syphilis)(SN31) Puyameha(Gonorrhoea)(SN30) Vankshaneeya lasika granthikanarbud(Lymphomagranuloma Inguinale) Phirangiya vrana(Soft Chancroid) Visarpa(Herpes Simplex)(SN4T)	3	Dr. Girish K.

May-26	3	Vajikarana Principles, benefits & need for Vajikarana Shuddha Shukra, Vajikarana dravya in ♦ Shukravaha srotodushti vikara Vajikarana dravya in Kilaibya (infertility) & ♦ Shandhatva (impotency) Interpretation of investigation in Shukravaha srotodushti vikara Phalashruti, Sevana kala, Matra & Anupana of various Vajikarana yoga	3	Dr. Girish K.
Jun-26	1	Shuddha-Ashuddha chikitsa, Chikitsajanita vikara Concept of Shuddha chikitsa & Ashuddha chikitsa Preventive protocol in the General principles of Drug administration, Concept of Iatrogenic diseases Chikitsa yojana of drug induced Iatrogenic diseases	3	Dr., Pushpa S.
	3	Rasayana Principles, indications & dosage of Rasayana according to the ayu (age) Aachara Rasayana in clinical practice Evidence based Rasayana Naimittika rasayana Medhya rasayana Kanthya rasayana Varnya rasayana Keshya rasayana Chikitsa karmukatva, Matra, Sevana kala & Anupana of various Vyadhihara rasayana	3	Dr. Abhishek K.
Jul-26	3	Chikitsa of Jarajanya vikara and Indriyapradoshaja vikara Jarajanya vikara (Geriatric Disorders) Indriyapradoshaja vikara (sensory & cranial ♦ nerve disorders) Smritilopa (Alzheimer's disease)	3	Dr. Takshashila S.

B. R. Harne Ayurved College, Vangani			
Third Year BAMS 2021-22			
Emergency Medicine -Monthly ATP			
Month	A2 List of Topics	B2 Term	Teacher
Apr-25	Concept of Atyaya, and Atyayika Chikitsa	1	Dr. Pushpa S.
	Definition and Ayurvedic perspective of Atyaya and Atyayika Vyadhi		

	Clinical significance and types of Atyayika conditions Arishta Lakshana (Signs of impending death)		
May-25	Important factors related to Atyayika conditions Role of Prana, Agni, Oja, Indriya, Bala, and Marma in Atyayika Avastha Significance of Trimarma (Shira, Hridaya, Basti) in emergencies Pathophysiology of these factors in life-threatening conditions	1	Dr. Abhishek K.
Jun-25	Teevra Jwara Vega (Hyperpyrexia) Classification: Swatantra Jwara and Paratantra Jwara Clinical examination and differentiation of fever in emergency conditions Ayurvedic and modern management, including Abhyantar Aushadhi, Basti, Dhoopana, Swedana, and Lepa	1	Dr. Takshashila S.
Jun-25	Raktapitta- Teevra Raktasrava (Acute Hemorrhage) Types of Raktapitta: Swatantra and Paratantra Raktapitta Clinical assessment of hemorrhagic conditions like Nasagata Raktapitta (Epistaxis) and Gudagata Raktapitta (Rectal bleeding) Management using Ayurvedic interventions (Bandha, Peedana, Parisheka, Lepa) and conventional emergency care	1	Dr. Girish K.
Jul-25	Teevra Udarashoola- {Acute abdomen, Acute abdominal pain} Ayurvedic and modern approaches for acute abdominal pain assessment Key conditions: Renal colic, biliary colic, gastritis, pancreatitis, peritonitis, appendicitis Management using Basti, Nabhi Poorana, Agnikarma, Viddha, cupping, and Lepa	1	Dr. Takshashila S.

Jul-25	Mutraghata- Mutrakricchra {including Anuria/Oliguria, retention of urine} Types and causes of Mutraghata and Mutrakricchra Clinical differentiation of anuria, oliguria, and urinary retention Ayurvedic treatment modalities (Dhara, Parisheka, Lepa, Nabhi Poorana) and modern approaches	2	Dr. Girish K.
Aug-25	Hridroga Atyayika Avastha (Management of Acute cardiac emergency conditions (including Acute coronary syndrome, Myocardial infarction, LVE, Arrhythmia) Pathophysiology of Svatantra and Paratantra Hridroga in emergency conditions Recognition of acute coronary syndrome, myocardial infarction (MI), left ventricular failure (LVE), and arrhythmias Management using Ayurvedic drugs (Trailokyachintamani, Hemagarbha Pottali, Suvarna Sootashekhara), Hridbasti, Basti, and Lepa	2	Dr. Pushpa S.
Sep-25	Stabdhata (Shock), Teevra Asahatva (Anaphylaxis) and Acute Hypersensitivity reaction)	2	Dr. Abhishek K.
	Clinical presentation and classification of shock and hypersensitivity reactions Ayurvedic and conventional approaches for emergency stabilization		
Sep-25	Murcha (Syncope) (SP98) Causes and classification of Murcha (Syncope) based on Ayurveda and modern medicine Assessment of Atyayika Avastha in Murcha and emergency interventions	2	Dr. Girish K.
Oct-25	Akshepaka, Apasmara Vega (Convulsions, Status epilepticus) Differentiation of Akshepaka and Apasmara based on clinical presentation Role of Ayurveda in emergency seizure management Ayurvedic treatments: Pradhamana Nasya, Lepa, Vacha, Brahmi, etc.	2	Dr. Abhishek K.

Nov-25	Prameha Upadrava (Diabetic ketoacidosis (DKA) and Hyperosmolar hyperglycemic state (HHS)), Raktasharkaralpata(Hypoglycaemia), Atyuchcha Raktasharkara (Hyperglycemia) Recognition and clinical differentiation of Diabetic Ketoacidosis (DKA), Hyperosmolar Hyperglycemic State (HHS), Hypoglycemia, and Hyperglycemia Ayurvedic and conventional approaches for managing critical diabetes complications	2	Dr. Takshashila S.
Dec-25	Teevra Shwasa Vega (Acute respiratory failure, Status asthmaticus, acute respiratory distress syndrome (ARDS), Chocking) Status asthmaticus, acute respiratory distress syndrome (ARDS), and choking Ayurvedic management including Bahya Snehana, Swedana, Dhooma, Nasya, Basti, Agnikarma, and Viddha	2	Dr. Abhishek K.
Jan-26	Teevra Hikka (SM74)	2	Dr. Takshashila S.
	Causes and complications of prolonged Hikka Ayurvedic interventions: Suvarna Sootashekhara, Suvarna Sameerapannaga, Nasya, Basti, Dhooma, Nabhipurana, Bahya Snehana, and Swedana, etc.		
Feb-26	Teevra Chardhi and Sarakta Chardi Causes of excessive vomiting and hematemesis Ayurvedic treatment including Shankha Bhasma, Mayurpicchamashi, Shubhra Bhasma, Jahar Mohara, and Viddha, etc.	2	Dr. Girish K.
Mar-26	Teevra Atisara and Sarakta Atisara Nirama Atisara (Severe diarrhea) and Raktatisara (Dysentery with blood loss) Management using Ayurvedic formulations like Shankhodara Rasa, Karpooora Rasa, Kanakasundar Rasa, and procedures like Viddha, Agnikarma, and Dhara, etc.	3	Dr. Takshashila S.

Apr-26	Teevra Udakakshaya (including severe dehydration and electrolyte imbalance) Ayurvedic and modern understanding of Udakakshaya Clinical assessment and emergency management, including fluid replacement therapy	3	Dr. Pushpa S.
May-26	Teevra Pakshaghata Vega (including Acute Cerebrovascular accident (stroke) & Hyperventilation (panic attack)) Clinical evaluation and differentiation of Pakshaghata (Cerebrovascular accident—Stroke) Management using Ayurvedic drugs (Trailokyachintamani, Suvarna Sootashekhara, Siddha Makaradhvaja, Yogendra Rasa, Brihat Vatachintamani, etc), Nasya, Dhara, Parisheka, Agnikarma, and Viddha	3	Dr. Takshashila S.
Jun-26	Adverse Drug Reaction and its management Identification of adverse drug reactions in Ayurveda and modern medicine	3	Dr. Girish K.
	Ayurvedic principles for preventing and managing ADRs		

Jul-26	Sanyasa (patients on the verge of death and comatose patients), Ayurvedic and conventional life saving medicines Ayurvedic classification and stages of Sanyasa (Coma) Management approaches including Ayurvedic and modern lifesaving interventions Ayurvedic drugs: Hemagarbha Pottali, Trailokyachintamani, Suvarna Sootashekhara, Siddha Makaradhvaja, Mahalakshmvilasa, Sahasraputi Abhraka, Suvarna Sindoor, Yogendra Rasa, Brihat Vatachintamani, Jayamangal Rasa, Mallasindoor, Heeraka, etc. Conventional emergency drugs: Atropine, adrenaline, levipil, epsoline, dopamine, dobutamine, streptokinase, dextrose, calcium gluconate, cardarone, midazolam, mannitol, effcorlin, lignocaine, lasix, adenosine, magnesium sulfate, etc.	3	Dr. Abhishek K.
---------------	---	---	------------------------